Starting Our 17th Year

& ALPINE SUN

Best Climate, in US by Government Report

Vol. 17 No. 1

Alpine, Calif. 92001

Friday, Jan. 5, 1968

10¢

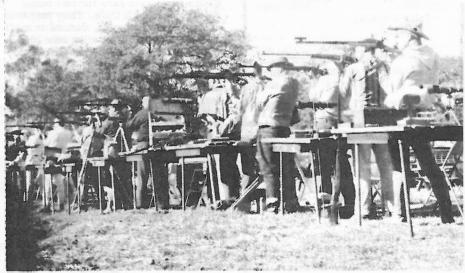
STEINBACH PLACE IS SOLD

Mr. and Mrs. Ben Riddle, of SD, have just bought the Steinbach house, 2887 South Grade Road, reports Anna Jerney, manager of Alpine Realty Co., who made the sale. They have four children, youngest being Mike, 21, with Unimart. He is to be married on the 27th to Nancy Hauer. The family came here for the climate, are in love with Alpine.

POSTAGE GOES UP SUNDAY

Postmaster H. T. Magnussen reports that rates on all but parcel post and international mail rises on Jan. 7: letters, from 5ϕ to 6ϕ ; postals, from 4ϕ to 5ϕ ; airmail, 8ϕ to 10ϕ ; airmail postals, 6ϕ to 8ϕ .

"If you have a lot of 5¢ stamps on hand" says Magnussen, "We have plenty of 1¢ stamps so you may get them to go with the 5¢ ones to make



RIFLEMEN VISIT HERE AGAIN
Sunday was a noisy one over on the
Findel Ranch, South Grade Road when
Tom Nichols hosted the annual Schutzenfest with some 40 folks present to
try their skills on the targets. See
photos inside.

The Paul Calys entertained their daughter Julianne and her husband Kenneth Kline, of Modesto, and 2 grandsons, for 2 weeks over the holidays. The two Mariannes-- one is an exchange student-- with the Clays, took in the Rose Parade in Pasadena.

the new 6¢ rate, effective Sunday".

There is no change in charges for special delivery, special handling, registry and certified, COD, or insurance, he added. Also increasing are rates for 2nd class (newspapers) and bulk-rate 3rd class, controlled

circulation and educational materials.

It's not true that brunettes have better dispositions than blonds. My wife has been both and I can't see any difference.

Tune Clarke Irvine on Physical Fitness, Radio 860 XEMO, Sunday. 5:15 & 11 PM

Visitor: "And what's your name, my good man?"

prisoner: "9788."

Visitor: "But that's not your real name?" Prisoner: "Naw, it's just my pen name."

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Mr. and Mrs. Harold Bates, 2946 Victoria Drive, announce the coming marriage of their daughter Cathy, 20, to Paul Kuphaldt, 22, of Japatul Valley on Jan. 13th in Our Lady of Light Catholic Church, Descanso. The young couple are both in the service. He is in the USAF, stationed in Victorville while Cathy is with the USMC at El Toro.

A reception will be held at the bride's home after the service. The young couple plan a two weeks honey moon after which young Kuphaldt will probably be sent to Viet Nam for duty.

10 COUPLES WELCOME 1968

Off the highway and away from the throng were 20 Alpiners who went together and enjoyed a delightful New Year's Eve in the Jack Hoistad house adjoining Bailey's Cafe. They prepared their own refreshments, danced to hi-fi music, welcomed bouncing new 1968 in fine style, reports Carmen Hoistad.

These men, with their wifes, enjoyed the evening: Jack Hoistad, Richard Zuelke, Owen Waltner, Paul Parsons, Lee Roper, Tom Nichols, Al Adams, Jim Sullivan, Tom Hill and Phil Hall.

PHILLIPS ASSUMES MANAGEMENT

Damon & Mae Bannister who have spent quite some time and money to rehabilitate the former Marie's Cafe. 15,505 Old Hwy 80, have put Bud Phillips in charge while they are away on a trip. Bud is well known along the highway, will keep the Carriage House open from 4 to 12 daily, serving beer, with games and some entertainment.

Happiness is a perfume you cannot pour on others without getting a few drops on yourself.

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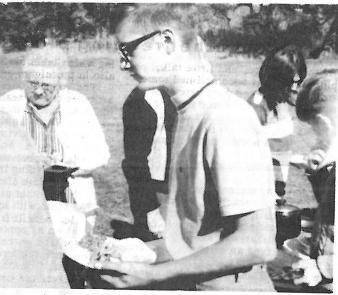
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Old and young enjoyed Sunday at the Findel Ranch when Tom Nichols hosted a bevy of targeteers. Here Mrs. E.L. Coon-who hails from Louisiana- dished herself up some nice victuals as others heaped plates of goodies from the bountiful board, prepared by Mrs. Tom Nichols and other ladies of the group.



They had a jolly New Year's Eve watch session at the First Baptist Church of Alpine from 8 p.m. till after 1968 came whooping in. Arthur Norris showed some nice pictures during the evening, reports Geo. Brandt.

"We were surrounded by natives. related the explorer. "They uttered savage cries, danced madly, and beat the earth with their clubs.

"Humph," grunted the listener, "sounds like a game of golf."

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EDITORIAL



Student-Teacher reading program clicks.

With no fanfare, and little talk, Alpine School has accomplished something really new and good here. For two years they have been trying a plan of having eighth graders act as teachers in the language arts for elementary students. It has worked out successfully, as told in detail in the Education Newsletter from the SD County school office.

These young student-teachers, working with primary teachers, use prepared materials, drills, games, expansion and enrichment activities, reinforcement, dramatizations, and art. Teachers have observed an extension of learning activities at both primary and 8th grade levels. Thus they see the learn-

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445-2415 or 445-2394
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Pastor 423-2806

ing which takes place in the primaries, also in the eighth graders.

The younger ones improve in their attitudes toward reading because each has been placed in a small instructional group which finishes an assignment the same day, giving them a feeling of a job well done. Another gain was in the older teacher-students whose writing and understanding improved, a help to teachers. These also helped to control behavior of other eighth graders, and helped those with learning difficulties.

A side benefit is that the older ones were given an opportunity to took to teaching as a career, 4 out of 38 last year evincing interest in that as a profession. Parents, students and teachers received the new program quite well, and parents report their student-teachers as having a notable improvement in behavior and home responsibility. In addition these now demand more books and sources of information such as libraries and museums. And they evince a higher respect for their teachers.

Principal Leo Ryan, Supt. Paul Clay, the trustees and teachers, plus the young people, are to be congratulated on this splendid departure from the old way with its lesser individuality, more pressures, and lack of deep interest. Anyone interested anywhere may get details by writing Leo Ryan, P.O. Box 68, Alpine, 92001. We are proud of this program! - CI

Walter Ferguson is in Naval Hospital having undergone surgery last week. He will be there for another week, would like to hear from his many Alpine friends. Building 26-6C Haval Hospital will reach him.

TREASURES IN WORDS

Not by might, nor by power, but by my Spirit, saith the Lord of hosts. -Zachariah 4:6.

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BILL GRAF IN HOSPITAL

After a successful back operation, Bill Graf, Tavern Road, is improving slowly, his wife reports. He is in Doctor's Hospital, Room 136, would appreciate hearing from his many Alpine friends. He is able to sit up and spend a few minutes in a walker but has to take it slow and easy, will be there for two weeks or more.

CLUB PLANS FASHION SHOW

Next Tuesday Alpine Woman's Club will hold their annual fashion show and potluck luncheon starting at 12. Donation is \$1. and Mrs. Eva Murray will present "Fashions for Milady".

Two door prizes and a gift certificate will be presented to a lucky member.

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ADAMS ENTERTAIN DAUGHTER

Mr. and Mrs. Gene Adams, Hwy 80, entertained her daughter and husband, Mr. and Mrs. George Burns and 3 children, Susan, David and Wendy. They came down on the train Dec. 18th and her husband drove down Saturday to be with them on Christmas. They all left for home Tuesday after a delightful time.

With the Adams over the holidays were the 3 McCoy children, Patty, Bob and Susan, and their father, Lt. Cdr. Bob McCoy, who is stationed aboard the USS Constillation. The McCoy children live with Gene and his wife. All had a marvelous holiday.

XMAS AWARDS LEFT OUT

Due to a type error, some awards were skipped last issue in the chamber of commerce story on their prizes for Christmas decorations. Here is what was missed:

RESIDENTIAL: Most Outstanding Contribution to Alpine's Christmas Season: Sweepstakes winner, Auren Pierce; 1st prize, Sam Purlia: honorable mention, Mr. Sancoria.

The Sun regrets that these were left out last issue. Mrs. John Titus says on Wednesday they gave awards to all winners.

Mr. & Mrs. Halvor Hem entertained their daughter and husband, Mr. and Mrs. Jim Edmonds and 4 children during Christmas vacation. They drove down from Malibu. Their daughter had a baby boy in September, named him Erin Paul, and was the center of attraction during their stay.

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Only woman to man a rifle was Mrs. Diana Baker, who, with her hubby Don, and 3 sons, Dale, Glen and Mark, enjoyed the day in rifle practice. Bob Stein was Schutzenmaster for the day, which was staged by the EC Frontier Scheutzenfest Corps.



A much-married actress brought home a new husband. But her son only wailed when he met his new stepfather. He cried, "You promised me Gene Autry this time!" Smith: "I hear your son is on the football team. What position does he play?"

Jones: "I think he's one of the drawbacks."

AFTER-CHRISTMAS SALE!



Walking Dolls, 22 to 36 in. \$10.
Teen Form Bras, 50¢ off.
Ship 'N Shore Blouses, \$2. off.
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Skirts, \$2. off.
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HORSE TALK

By Cynthia Irvine McTaggart

Am still busy with our new baby but did take a few minutes out Monday to get on my faithful horse Smokey and it was good to walk around the yard. Has been quite a while so will be able to ride again soon.

Nancy Sockwell Thompson brought her new baby boy over to see us and is also anxious to get back in the saddle. She is keeping Babe at her mother's house on Victoria Drive until they have a place to keep the horse. Tom can baby sit for an hour on weekends so she can get out for a little ride.

Eileen Dun's sister Peggy Moran has a nice young thoroughbred for sale for \$100. Contact Eileen if you are interested. She said the horse is gentle but has lots of spirit. Sounds like a

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good buy to me.

My sisters will be home in February and Celeste hopes to have Angle trained so she can take her out of the corral. She has spent a little time with her but not enough. She still has to learn to work on the road and not be afraid of noises and this is were good training comes in. If Celeste had \$100. she would take advantage of Sherman Sykes' offer. He will guarantee your horse ready to ride for that amount and he knows his business as he has been riding and training for years and is good.

Smyths haven't sold their mare and colt as yet and are anxious to get rid of them. No one is riding at this time and the feed bill keeps on. Call them or better still, go up and look and if you are interested, make an offer.

CLUB OFFERS FREE LESSON

If you own a unicycle or are interested in buying one, here is a good chance of get a lesson free. Be at Mission Valley Center parking lot near the May Co. Sunday Jan. 7 at 2: pm. Everyone is welcome and there are no age limits. For more information call SD Unicycle club, 224-2691.

"This is fun, entertaining, and good exercise.", says Phil Bartel,

president.

In a letter to Nellie King: resident of Trailer Estates, her friend writes: "Thank you so much for the copy of the Alpine Sun you sent me. What a clever idea- news, pictures, ads, all in brief and in magazine form. I enjoy is hugely, especially the pictures and news of you and your family. --Lillian Durschmidt, Estacada, Ore.

TWO MICROBES living in the veins of a horse decided to change their environment. They worked their way into the arteries, and shortly died,

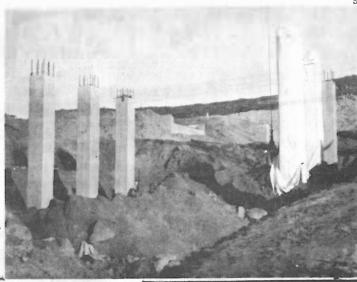
The Moral: Don't change streams in the middle of a horse.

DR. FRANK J. BORNOWSKI D.C.

General Practice Sundays & Holidays By Appointment Closed Wednesday

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In case you have not driven on Hwy 80 above town, this photo reveals remarkable progress on bridge for new US8 freeway over E. Victoria's entrance to Hwy 80. Victoria will be changed to come in at right angles, instead of slanting at present near Alpine Trading Post.



ANDERSON'S UNIQUE GREETINGS

At Christmas R. E. Anderson, well driller of Lakeside, who does business all over the Southland, sent out a unique card, with a baby pine tree attached, which everyone liked a lot, planted in cans, will transplant soon.

"We tried to get more" Shirley told the Sun, "but they were all out". Everyone thought it a most unique

greeting".

Then at New Year's they sent out a long, yellow bent pen which had these words on it: "To straighten out your drilling problems call R.E. Anderson, Inc.". It created a good laugh.

The absent minded professor, stepping into an open elevator shaft, falls 3 stories to the basement. He gets up quickly and looks up toward the open elevador door and said indignantly: "You scoundrel, I said UP!

Mary Carter Paints Buy Two and Save"

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LIBRARY SHOWS PHOTOART WORK

This month Mrs. Elizabeth West, librarian here, is exhibiting 22 ll x14 photoart prints done over a long period by Editor Irvine, many of them made here, as shown in photo. She holds scrapbook of exhibits by Alpine artists which has been going on for some time, and which has created much interest.

"Local artists are invited to show their works", invites Mrs. West, "just contact me anytime at the library. Hours are Tuesday and Thursday, 1 to 5, Saturdays, 10 to 2".

WALDREN FINISHES BOOT CAMP

Mike Waldren, who was 19 on New Year's Day, son of Mr. and Mrs. Ted Waldren, Arnold Way, will be graduated from USN boot camp in SD next Friday. He was home for 2 weeks during the holidays.

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THE CAMERA NEVER LIES!

This is one of Clarke Irvine's photos now on exhibit at Alpine Library, entitled "Alpine lies well above the fog", which he took one morning from above his Trailer Estates, Tavern Road. The photoart exhibit is on this month, has many interesting shots around Alpine as well as other places.

"LIFE WITH FATHER" AT GLOBE
America's favorite family comedy
hit "Life with Father," opens Tuesday,
Jan.9th. The longest running play in
Broadway history, nearly 8 years, is
scheduled for a limited run through
Feb. 11 on stage at the Old Globe

Theatre.
Charles Wyman will play the leading role of the father with Polly Puterbaugh as his wife. William Roesch will direct. Costumes and stage sets are designed by Peggy Kellner.

Classified adds pay off, try one.

One drawback to improved transportation is that there is no longer any such thing as a distant relative.

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21 GUESTS AT HOISTAD'S

Jack and Carmen Hoistad had a mighty busy Christmas this year for they entertained 21 friends and relatives. Her son Paul, with his wife and 3 daughters, came down from Whittier. Another son, Claude, is staying here. Her sister, Gloria, and husband Angel Valencia, with their 3 daughters came up from Mexicali, and for the big dinner, they had the Richard Zuelke family with three boys, as Richard was in Chicago to attend his mother's funeral. Another guest was Fred Sandel and his wife, old friends of 32 years, so they had a really big time.

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Lively Oaks Doings

Amanda Bauer, who was hostess for the month of January, furnished a delicious luncheon for 34 members that gathered to celebrate the start of the New Year. She was voted a big "thank you" by all attending.

Next Monday will be our monthly

potluck luncheon followed by installation of officers as follows:

Emma Holmes, president; Gladys Pinkerton, 1st vice president; Fred Rohr, 2nd vice president; Katherine Stout, recording secretary; Eve Coppock, treasurer; Jessie Fraser, corresponding secretary.

Members are urged to be present.

Dues are in order.

NIKKI HAS NEW HOURS FOR '68

A change of hours is now in effect for Nikki's Baby Cradle, that cute little shop, 2549 Hwy 80, run by Robt. and Nikki Menconi. They will be open daily from 10 to 7, but closed on Mondays. They now have a large new assortment of baby and youngsters' clothes up to teenage sizes, also shower gifts. Another new service is alterations by an expert seamstress, Sherrie Rose, of Alpine. They also have Bankamericard credit.

CAR PLATES STILL ON HAND

'We still have a supply of those attractive car license plate holders which advertise 'Alpine, Best Climate', available at the chamber office" says Mrs. Ivy Kuhl, secretary. They are only \$2.50, and do a lot of good for this community, besides, "it helps the Youth Center with their new building".

Bob Wilson's TEXACO SERVICE



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Alpine, Calif.

STALLION OAKS REAL HOMEY WESTERN SPOT

Nearly every week some friend brings an antique to add to the growing collection of genuine western artifacts that Ed Torgersen, owner of Stallion Oaks Guest Ranch. Descanso. operates. In photo by the unique shoulder high fireplace which glows on these crisp winter evenings at the end of the bar in



the western dancehall, is Tony Hutchins, at left manager, and Torgersen. Tony spent many years with the Santa Fe in LA on freight traffic rates, but is now wedded to the beautiful mountains

The average man has five senses; touch, taste, sight, smell and hearing. The successful man has two more: horse and common.

BAKERY FOLKS ON VACATION

After a busy holiday siege, George and Jean Grube, owners of Alpine Home Bakery, closed shop and left for a brief vacation, will announce their reopening soon. Her father, Archie Du Pont, is holding down the business while they are away.

What's the best way to drive a baby buggy?

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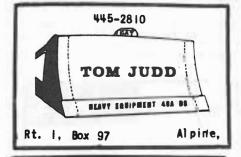
DOUBLE TALK

By Cecile and Celeste Irvine

If you missed the Moscow Circus last week you can be sorry. It was simply fabulous. We went opening night and sat on the edge of our seats holding our breath. The tightrope walkers who did their trick on a slant was unbelievable and we still can't see how they did it without slipping.

We all enjoyed the horses and they were beautiful. They had daredevils on horseback. They came in at a gallop and kept up the pace until their act was over. They were fabulous and did stunts that took them under and over the horses. It was almost too fast to watch.

Gosha, the trained bear was also one of our favorites. He rode a scooter and motor bike, walked up and down ladders and twirled a fire dripping baton with his hind feet while lying on his back. He was the star of the show to our way of thinking and he got a big hand.



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We also thought the magician was good and wish we knew how he made the girl trade places across the stage with a man or when he traded a girl for a lion. He was fast and good. Am

glad we all went to see it. Mama took us to Disneyland Friday and although it was crowded when we went in, thousands left after the 9 pm Toyland parade and the park was quiet; and we all had the best time ever. The new attractions that we had not seen were "It's a Small World". This is simply fantastic and we plan on going to see it again. The bushes in front have been cut and trimmed in animal forms and it is truly a work of art. Once you are inside you can't see it all. Little figures move across the ceiling and each country is represented by 3 foot high dolls that sing blink their eyes and move their lips. We were thrilled beyond words. Also the GE Round Theatre is another new show that was brought from the NY World's fair and the people are hard to distinguish from humans, even the dog and cat had live appearances. We spent the afternoon and evening there and never had such a good time in all

our trips to Disneyland. Mike Webb spent his last weekend of vacation in the painted desert with the Jim Schiller family of Lakeside. They were neighbors when Webbs lived there.

Dennis Glavin has the mumps again. He had them when he was little and now that they have been going around Alpine, got them again.

Don't forget that Dr. Samter is going to be at Alpine School next Wednesday, Jan. 10, to give rabies shots. You can also get your dog licensed at the same time and as it is a law, why not take advantage of this inexpensive way to vaccinate your dog and get his license at the same time?

NOW COCKTAILS

AT

STALLION

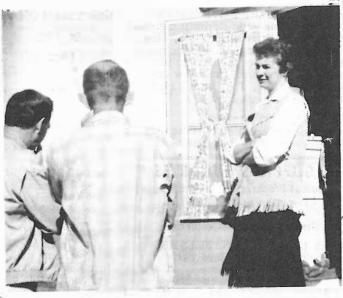
OAKS RANCH

Bar-Restaurant

Descanso

445-4179





MISS TITUS IS MARRIED

Mr. and Mrs. John Titus, Pine View Road, announce the marriage of their daughter, Susan, to Robert Braasch, son of Mr. and Mrs. Maurice Braasch, of Lemon Grove. The ceremony, attended only by the families, was in the Heartland Wedding Chapel, Spring Valley, on Saturday last at 5 p.m. A wedding supper was enjoyed at the Titus home here. The young couple left for a honeymoon at Big Bear, will live at $7052\frac{1}{2}$ Central, in Lemon Grove.

Susan is to finish her education at SD State, while young Braasch, just out of the USN in the UDT service, will enter broadcasting, is presently with the SD Union.

Golfer (with pride): "Notice any improvement since last year?" Caddy: "Had your clubs shined up, haven't you.

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2237 Hwy 80

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Res. 445-3035

THE civil service applicant applied for a position in the diplomatic corps. "What makes you think you are qualified?" he was asked.

"I've been married thirty years," he replied modestly, "and my wife still thinks I have a sick friend."-

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Alpine

OPTIMISTS START DRIVE

Alpine's energetic Optimist members are starting a drive of furniture, clothing, food, anything, to help the burned out Clarence Brown family who lost everything in a house fire a few days before Christmas. They have 7 children ranging in age from 11 to 3.

Jumping at conclusions is the only exercise some folks ever take.

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LEGAL NOTICE

No. 43821 CERTIFICATE FOR TRANSACTING BUSINESS UNDER A FICTITIOUS NAME

It is hereby certified that the undersigned are transacting business in Alpine, County of San Diego, State of California, under a fictitious name, or a designation not showing the name (s) of the person (s) interested therein, towit:

ALPINE HOBBY & ROCK SHOP 1821 W. Victoria Drive, Alpine, Cal. 92001 WITNESS our hands this 10th day of December, 1967. 1. Reed C. Durham, Sr.

1321 W. Victoria Dr., Alpine, Cal. 92001 2. Violet E. Durham, 1321 W. Victoria Dr.

Alpine, Calif. 92001 STATE OF CALIFORNIA

COUNTY OF SAN DIEGO SS On this 10th day of December, 1967, before me Wm. G. Brown a Notary Public for said County and State, duly commissioned and sworn, personally appeared Reed C. Durham, Sr. and Violet E. Durham known to me to be the persons whose names are subscribed to the within instrument, and acknowledged to me that they

executed the same. IN WITNESS WHEREOF, I have hereunto set my hand and affixed my official seal the day and year inthis certificate first above written.

Wm. G. Brown Notary Public in and for said County and State My Commission Expires April 10, 1969. Alpine Sun Dec. 15-22-29, 67 & Jan. 5, 68, 238120 NEW YEAR'S EVE PARTY SUCCESS

Because of the excellent planning of Mildred Sevcik, who had charge of refreshments, Stella Malgeri, MC, and program chairman and Jean England who worked out interesting games, Alpine Oaks Mobile Estates enjoyed one of the best New Year's Eve parties ever put on at the park. At the club house 76 residents gathered to enjoy the fun, dancing and food. At the stroke of 12 Old Father Time came walking in (Bill Hadden) and he was made up with the traditional attire and they also brought in a 36" doll dressed up as Miss New Year.

Ed Bowers gave one of Robert W. Service's poems on Alaska and Allie Vigneault read her original poem on "There Will Always Be Santa Clauses."

The home made pinata created by Jean England was enjoyed by everyone and guests said "the party "couldn't have been more successful".

WALTER MOORE GREEN

Services were Wednesday at 10 a.m. in Paris Mortuary Chapel for Walter Moore Green, 82, of Descanso. He was a native of Canada and a retired electrician.

Survivors: daughter, Mrs. Noel Loomis, (Dorothy), 2 step-grandchild-

ren, and 4 step-great grandchildren. Cremation, with ash interment at Alpine Cemetery, where his wife Grace was buried a year ago.

Jim & Nellie King drove to Phoenix to spend Christmas with his son Robert, his wife, and 2 children, Debera, 5, and Doug, 3. They report a fine trip, were surprised to see mud flowing over Gillespie Dam on the Gila River caused by the heavy rains. Robert is a thoroughbred racehorse trainer, owns three to race in February.

Subscribe, 52 weeks a year \$3.

George Lengbridge FOR TV SERVICE Black & White or Color 445-3885

FELIX HYDE

Rosary will be tonight at Viejas Reservation for Felix Hyde, 33, of Hwy 80, Alpine with Mass Saturday at 10 a.m. and interment in the Reservation. He was killed in an auto accident Dec. 31. Hyde was a native of Yuma. He was in the USMC, saw action in Korea and before the accident was employed by Ramona Egg Enterprises.

Survivors: father, George, stepmother, Theresa of Alpine; 6 sisters, Mrs. Erna L. Rodriques and Miss Dorothy M. Hyde, both of Santee; Mrs. Georgia A. La Chappa, Dehesa; and Velma J. Donna M., Darlene, and a brother Harold J, all of Alpine.

He attended Alpine Grammar School and Grossmont High, has made his home here since coming from Yuma many years ago.

Paris Mortuary was in charge of the

funeral arrangements.

THANKS FROM POSTMASTER

We should like to express our appreciation for the splendid cooperation from the people of Alpine for mailing early during the Christmas season, and for their general cooperation", says Postmaster H. T. Magnussen, speaking for himself and his staff.

"Their following instructions to mail early and so on, made it a lot easier on us all in the busy office during the holidays when the rush was on".

Note- We think the people also appreciated the fine service our postoffice rendered during this hectic period. -CI

ON HIS TENTH anniversary, a bandleader who played over 2,000 dance dates was asked, "What have you had the most requests for?"

Replied the maestro, "'Where's the men's room?" "

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CARE OF THE BODY

By Frances McTaggart

BEWARE OF WHIPLASH

Whiplash injuries to the neck are common occurrences in traffic accidents these days. A large percentage of accidents involve standing cars hit from

The whiplash injury is caused by a snapping back of the head which may not even be noticed at the time it happens. Injury of the nerves may also be

Dr. Ross McIntire, executive director of College of Surgeons some time ago said "The unprotected back of the neck is easily damaged and very often symptoms do not arise, in cases where there have been no fractures, for a period of many years."

Other symptoms of whiplash injury, according to Dr. McIntire, were "a neuralgic type of pain over a large part of the neck, back of the head and lower portion of the face, and a headache that begins at the back of the head and radiates to the center of the skull and it finally centers behind one or both eyes. Often there will be some degree of concussion.

'If the force of the blow is at an angle, the neck may be severly rotated and cause other symptoms. These include muscular spasms, dizziness, nausea and inability to see properly. Eye troubles are persistent when whiplash injuries show up months or years after the accident.'

Immediate attention to this vital area is extremely important

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